



Opening (5-7 minutes)

- Icebreaker Question: Share a time when a small decision led to unexpected consequences (good or bad). What did you learn from it?

Discussion (30-40 minutes)

Connecting with David's Story

- We often struggle with relating to many Bible characters because of their extraordinary lives. Which Bible character do you find the most relatable and why?
- How does recognizing we share struggles with great heroes of the scriptures help us to apply their stories to our lives?

The Cause: Sinful Desire

- Alan identified “sinful desire” as the root cause of David’s meltdown. What are some common sinful desires that people face today?
- How can we identify when a desire is leading us toward sin? What practical steps can we take to redirect our hearts toward God in those moments?

Choices and Consequences

- David had many chances to stop his spiral downward. What are some examples of “off-ramps” we might choose to help us turn away from sin?
- How might our sin negatively impact others?

God's Presence in Our Failures

- Despite David’s failures, God never abandoned him. How does this truth encourage you when you face your own “meltdowns”?
- How should knowing God offers mercy and grace through the sacrifice of Jesus shape the way we approach our struggles with sin?

Application: Avoiding Our Meltdown

- Alan pondered what might have changed if David had stepped away to pray or write a psalm. What are some practical ways we can interrupt our own temptations?
- What are some areas of your life where you find yourself “staying home” instead of being on the “battlefield” where you are called to be?

Memory Verse

Psalms 51:10

- “Create in me a clean heart, O God, and renew a right spirit within me.”

Closing Prayer (5 minutes)

- Take a moment to thank God for His mercy and grace. Ask Him for His wisdom upon the group to recognize our sinful desires, and His strength to make the right choices.



Use the questions below to help extend the impact of the weekend message. They are not only useful in your LifeGroup, but try discussing with your family, friends, and co-workers for even greater understanding and spiritual growth.